



PULMONARY REHABILITATION: MESSAGE IN A BOTTLE

PRELIMINARY
PROGRAM

THURSDAY **9th**
OCTOBER

PAVIA-ITALY

IRCCS Istituti Clinici Scientifici Maugeri - Pavia (I)

SCIENTIFIC RATIONALE

Pulmonary Rehabilitation is a standard of treatment for respiratory diseases including COPD, asthma and interstitial lung diseases. Also many neuromuscular disorders can benefit from a rehabilitative approach. This meeting is providing an open window to an essential part of care for respiratory patients, starting from the experience of the Maugeri Pulmonary Rehabilitation Department from a medical and physiotherapist point of view and with the privilege to have Prof. M. Spruit, first Author of the worldwide guidelines, as distinguished speaker. A practical hands-on part will close the meeting.

SCIENTIFIC DIRECTOR

Dr. Bruno Balbi
Pulmonologist
Respiratory Rehabilitation Unit
IRCCS Istituti Clinici Scientifici Maugeri - Pavia (I)

TENTATIVE FACULTY

Prof. Annalisa Carlucci

Associate Professor
Respiratory Medicine Department of
Medicine and Surgery
Insubria University - Varese (I)
Consultant and Senior Physician
Respiratory Rehabilitation Unit
IRCCS Istituti Clinici Scientifici
Maugeri - Pavia (I)

Dr. Piero Ceriana

Chief Physician
Respiratory Rehabilitation Unit
IRCCS Istituti Clinici Scientifici
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Dr. Serena Cirio

Physiotherapist
Respiratory Rehabilitation Unit
IRCCS Istituti Clinici Scientifici
Maugeri - Pavia (I)

Dr. Antonio Nardone

Full Professor
University of Pavia
Head of Physical Medicine and
Rehabilitation Unit
IRCCS Istituti Clinici Scientifici
Maugeri - Pavia (I)

Prof. Martijn Spruit

Director, CIRO
Centre for Integrated
Rehabilitation of Organ Failure
Horn (NL)
Professor of Rehabilitation in
Chronic Organ Failure
Maastricht University
Maastricht (NL)

Dr. Michele Vitacca

Department Head and Senior
Physician
Respiratory Rehabilitation Unit
IRCCS Istituti Clinici Scientifici
Maugeri - Lumezzane (BS) (I)

PRELIMINARY PROGRAM

Thursday October 9th

CHAIRS: Bruno Balbi, Antonio Nardone

12.30	Registration Opening & Welcome Lunch
13.30-14.00	Activities of the Department of Pulmonary Rehabilitation in Maugeri <i>Michele Vitacca</i>
14.00-14.45	A new horizon in Pulmonary Rehabilitation <i>Martijn Spruit</i>
14.45-15.30	Respiratory support to improve outcomes <i>Serena Cirio</i>
15.30-16.30	Toolbox for Rehab: Hands on Tutors: Pulmonary Rehabilitation Dept. Staff
16.30	Final Remarks

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GENERAL INFORMATION

REGISTRATIONS

Participation is **free**, subject to availability.

To apply, candidates must send their application to:

info@startpromotion.it

Please attach a **brief, updated Curriculum Vitae**.

Email subject: APPLICATION - "PULMONARY REHABILITATION: MESSAGE IN A BOTTLE" Course (Pavia - October 09th, 2025)

Applications without an updated CV will not be considered.

The **Scientific Director** will review all applications and select the participants.

Please note that the Conference is limited to a **maximum of 30 participants**. Once capacity is reached, no further registrations will be accepted.

Registration includes:

- Admission to all scientific sessions
- Personalized conference badge
- Welcome lunch
- Certificate of attendance

Access to the scientific sessions will be granted exclusively to registered participants wearing their official badge.

CONGRESS VENUE

Aula Michele Manuli

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ORGANIZING SECRETARIAT



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