



# PULMONARY REHABILITATION: MESSAGE IN A BOTTLE

THURSDAY **9<sup>th</sup>**  
OCTOBER

PROGRAM

**PAVIA-ITALY**

IRCCS Istituti Clinici Scientifici Maugeri - Pavia (I)

# SCIENTIFIC RATIONALE

*Pulmonary Rehabilitation is a standard of treatment for respiratory diseases including COPD, asthma and interstitial lung diseases. Also many neuromuscular disorders can benefit from a rehabilitative approach. This meeting is providing an open window to an essential part of care for respiratory patients, starting from the experience of the Maugeri Pulmonary Rehabilitation Department from a medical and physiotherapist point of view and with the privilege to have Prof. M. Spruit, first Author of the worldwide guidelines, as distinguished speaker. A practical hands-on part will close the meeting.*

## SCIENTIFIC DIRECTOR

**Dr. Bruno Balbi**  
Pulmonologist  
Respiratory Clinic  
ASL Novara (I)

## SCIENTIFIC SECRETARIAT

**Prof. Annalisa Carlucci**  
Full Professor of Pulmonology  
University of Salento  
Head Respiratory Unit  
Vito Fazzi Hospital  
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Head, Respiratory Rehabilitation Unit  
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## FACULTY

**Dr. Bruno Balbi**  
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Physiotherapist Respiratory Rehabilitation Unit  
IRCCS Istituti Clinici Scientifici Maugeri, Pavia (I)

**Dr. Antonio Nardone**  
Full Professor of Physical Medicine and Rehabilitation, University of Pavia  
Head of Neurorehabilitation and Spinal Units of Pavia Institute, Istituti Clinici Scientifici Maugeri IRCCS, Pavia (I)

**Prof. Martijn Spruit**  
Director, CIRO  
Centre for Integrated Rehabilitation of Organ Failure Horn (NL)  
Professor of Rehabilitation in Chronic Organ Failure Maastricht University  
Maastricht (NL)

**Dr. Michele Vitacca**  
Head, Respiratory Rehabilitation Unit  
IRCCS Istituti Clinici Scientifici Maugeri  
Lumezzane (BS) (I)

# PROGRAM Thursday October 9<sup>th</sup>

CHAIRS: Bruno Balbi, Antonio Nardone

12.30	<b>Registration Opening &amp; Welcome Lunch</b>
13.30-14.00	<b>Activities of the Department of Pulmonary Rehabilitation in Maugeri</b> <i>Michele Vitacca</i>
14.00-14.45	<b>A new horizon in Pulmonary Rehabilitation</b> <i>Martijn Spruit</i>
14.45-15.30	<b>Respiratory support to improve outcomes</b> <i>Serena Cirio</i>
15.30-16.30	<b>Toolbox for Rehab: Hands on</b> Tutors: Pulmonary Rehabilitation Dept. Staff
16.30	<b>Final Remarks</b>

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# GENERAL INFORMATION

## REGISTRATIONS

Participation is **free**, subject to availability.  
Please note that the Conference is limited to a **maximum of 30 participants**. Once capacity is reached, no further registrations will be accepted.

### Registration includes:

- Admission to all scientific sessions
- Personalized conference badge
- Welcome lunch
- Certificate of attendance

**Access to the scientific sessions will be granted exclusively to registered participants wearing their official badge.**

## CONGRESS VENUE

Aula Michele Manuli  
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## ORGANIZING SECRETARIAT



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